Hands-On Preparedness Fair Camp, Play, Hike, Learn & Teach

2 Days of Sustainable Living Demo's & Workshops

- Water (collect, purify)
- Food
  - **Foraging** for food & Medicine *Guided Hike through 500 acre canyon nature preserve*
  - Hunting hunter's roundtable
  - **Growing** tour the gardens, greenhouse, orchard
  - **Preserving** wet & dry pack canning, smoking, dehydrating
  - **Preparing** Dutch, Solar Ovens
  - **EATING** (Sample & buy)
- Energy Off-Grid Options for
  - Heat
  - Electricity
  - Alternative Fuels
- Shelter
  - Modern Green Construction
  - DIY Alternatives
  - Emergency Shelters
- Emergency
  - Disasters
    - 72-Hour Kits
  - Defense
- Health Care Alternatives

July 23-24, 2010

Friday & Saturday

@ The Village on Sewanee Creek
3800 Browns Hollow Rd.
Tracy City, TN 37387

For info & directions: www.sewaneecreek.com

Volunteer Presenters Needed

Contact Grant Miller (931) 442-1444 For primitive campsite reservation